

# Psychology Applied To Modern Life 10th Ed

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filled with comprehensive balanced coverage of classic and contemporary research relevant examples and engaging applications this book shows you how psychology helps you understand yourself and the world and uses psychological principles to illuminate the variety of opportunities you have in your life and your future career while professors cite this bestselling book for its academic credibility and the authors ability to stay current with hot topics students say it s one text they just don t want to stop reading the book and associated workbook are highly readable engaging and visually appealing providing you with a wealth of material you can put to use every day important notice media content referenced within the product description or the product text may not be available in the ebook version

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